



ROTARY CLUB OF CHENNAI TOWERS

ROTARY INTERNATIONAL DISTRICT 3232

23
24

FEBRUARY 2024 | VOLUME 26 | Issue 8

Celebrating our RCCTians



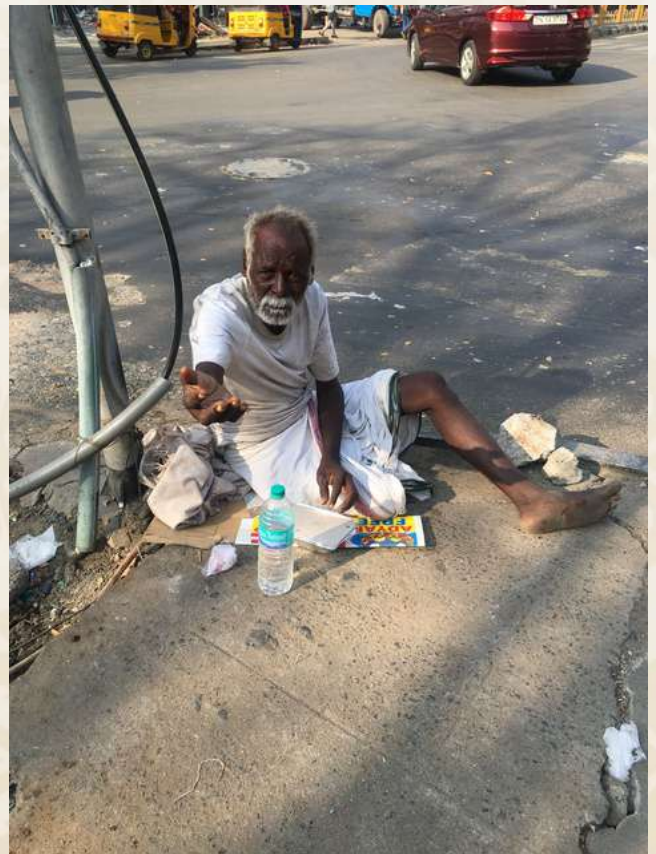


COMMUNITY SERVICE DEVELOPMENT

FEBRUARY 2024 | VOLUME 26 | Issue 8

AKSHAYAM

Our beloved and heartfelt project 'Akshayam' was conducted on February 28, 2024 in the areas around Besant Nagar and Adyar. Secy Rtn Jayashree and Ann Radha coordinated and helped in distributing vegetable biryani and raitha to 108 beneficiaries who were predominantly pavement dwellers. The recipients expressed sincere thanks and felt grateful for this humanitarian gesture.






FOOTWEAR DISTRIBUTION PROJECT AT OLCOTT MEMORIAL SCHOOL

RCCT's community Service Avenue held a special project on February 7, 2024, at Olcott memorial school, Besant Nagar, Chennai. They donated 350 pairs of slippers to students of classes 6 to 12. Almost 50% of the children of this school come barefoot as they cannot afford to buy footwear. 'Farida Shoes' came forward to sponsor customized footwear for these children. The business head of Farida shoes, joined in for this project along with Rtn Rukmani, who coordinated the distribution. Also present for this project were Secretary Rtn Jayashree, community service director, Rtn Venkatesh, Rtns Aarthi Varanasi, Satish Kandimala and prospect Mr. Praveen. The project was well received and it was gratifying to see the look of happiness on the children's faces as they received the much needed foot wear.

A joint project of
Rotary Club of Chennai Towers
&
Farida Shoes Pvt Ltd.



FOOTWEAR DONATION

February 7, 2024 at 11:00 AM

Olcot Memorial Higher Secondary School,
Besant Avenue Road, Besant Nagar

Chief Guest
Sandeep P V, Business Head, Farida Shoes Pvt Ltd.

Rtn Binoy President	Rtn Venkatesh Community Service	Rtn Jayashree Secretary
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SMART VISION GLASSES PROJECT - DISTRIBUTION AT THANC HOSPITAL

Ann Anuradha Prasad

The RCCT flagship project 'Smart Vision Glasses' conducted yet another of their projects on February 8, 2024, at THANC hospital, Chennai.

Thirty one deserving students with visual impairments from different educational institutions, pursuing higher studies, were given smart vision glasses at the THANC hospital auditorium. The Chief Guest for the occasion was Shri KR Stalin, a renowned banking professional, who has worked with banking institutions such as Citi Bank ICICI and Axis Bank. He is now the state head overseeing Tamil Nadu and Pondicherry at Jana Bank.

The official function began with collaring of the President by PP Rtn Sagar, followed by a prayer song by a student from Tamil Nadu Government Music College. Rtn Aarthi Varanasi, was the MC for the program. Rtn Rukmini introduced the chief guest and members of HTBF (help the Blind Foundation) who helped us in identifying the beneficiaries all students from Pachiyappas, University of Madras, Tamil Nadu Government Music College and Stella Maris College. While addressing the gathering the chief guest mentioned that he strongly believes in the adage that 'service to mankind' is the best form of prayer. He thanked our club for taking up such a meaningful project helping the silent unsung heroes of our community. Members from HTBF expressed their thoughts and thanked our club for the initiative taken. Vote of thanks was given by Ann Anuradha Prasad. After which the students were given the smart vision glasses followed by training session conducted by organizers and the team.

High tea was arranged for everyone present, personally served with care by the staff of THANC hospital. The presence of our members in large numbers brought in more smile and joy to the occasion.

SMART VISION GLASSES PROJECT

YOU ARE INVITED TO THE DISTRIBUTION OF SMART VISION GLASSES BY DONOR JANA SMALL FINANCE BANK TO VISUALLY CHALLENGED PEOPLE IN ASSOCIATION WITH HELP THE BLIND FOUNDATION (HTBF)

Thursday, Feb 8, 2024 | THANC HOSPITAL, 747, PH ROAD, KILPAUK, 600 010 | 02.30 PM

Chief Guest - Mr. Stalin K Ravi
VP - State Head - Jana Small Finance Bank Ltd

Rtn. Binoy Pillai (PRESIDENT), Rtn. Venkatesh (DIRECTOR, COMMUNITY SERVICE), Rtn. Umashree (PROJECT CHAIR), Rtn. Jayashree K.P. (SECRETARY)





Galaxy S22 Ultra

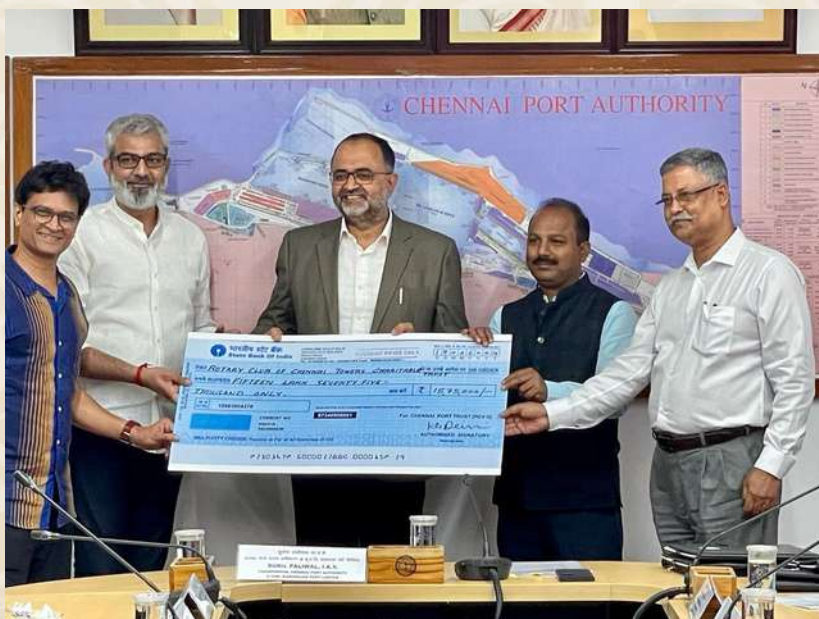


Galaxy S22 Ultra



SMART VISION PROJECT AT CHENNAI PORT TRUST

As part of the Smart Vision Glasses project RCCT, Rtns Anand and Umapathy, went to the Chennai Port Trust on February 19, 2024, to sign a Memorandum of Understanding (MOU) and received a cheque from their office. The entire function was well-organized, with six other organizations also signing along with them.



CART DONATION AT AVADI

RCCT and the community service avenue extended much needed support to Ms Shahnavaazbee a widow with 2 young kids, who had approached Ann Archana and Rtn Aarthi Varanasi to help buy her a cart to start a tiffin business at Avadi. After a background check and the sustainability of her business, we released funds for her to buy the cart on February 22, 2024. A few other individuals are helping her with the purchase of utensils and other necessary things. She was grateful for this gesture and is very excited to start her own business and also provide us a monthly update on her business.



DID YOU KNOW?

The University of Queensland is Rotary centre for International studies in peace and conflict resolution as part of global program





PROJECT AT KRMM SCHOOL

Rtn Sapna

The youth service avenue of RC Chennai Towers conducted a very important and relevant project at KRMM School on February 9, 2024. The subject discussed was 'effective ways to overcome exam time anxiety'.

Rtn Sapna, the youth service director, shares her personal experience of exam fear and anxiety. "As a child I always waited to complete my academics as soon as possible, just to get over the exams and its related experience. Not realising that this would be a constant battle that I would have to face even during my career. In the banking sector, one has to periodically prepare and appear for exams in order to move to the next level. The very word 'EXAM' and to pass it as a criteria to get a designated role at my work place brought back traumatic childhood memories of final term exams and the fear of failure".

The anxiety related to exams and being judged is build at very early stage of life. This was the reason for us wanting to conduct this session, especially since exams are around the corner.

We were lucky to be able to make a difference by conducting the session on "exam anxiety and stress management" and offer some insights on increasing memory power. Ann Archana for this purpose, helped bring in Mrs Suvashree, who is a certified counsellor/trainer and parenting coach. She made the session so easy and comfortable for the kids. We enjoyed our session teaching the kids through a fun learning and interactive module. The principal of KRMM School, despite her busy schedule, ensured the 10 std students were given an opportunity to attend this session.

We hope we have made a small difference in each of those young minds. Encouraging them to be confident and develop themselves to be great leaders with no fear or barriers in their path of success.







EXAM!




Join us for an empowering session to explore effective strategies to overcome exam anxiety & manage stress!!

Facilitator- Dr Suvashree Dash
 10.30AM, 9th Feb'24
 Venue- KRMM School, Adyar, Chennai -20



Rtn. Binoy
President

Rtn. SapnaDev
Youth Director

Rtn. Jayashree
Secretary



RYLA YOUTH SERVICE PROJECT AT FARM GURU

Rtr Abhishek

Nestled in the tranquil embrace of nature, Farm Guru, situated in Sholavaram, became the epicenter of transformative leadership on February 24, 2024. Organized by the dynamic collaboration of the Rotary Club of Chennai Towers and the Rotaract Club of Kumararani Meena Muthiah College of Arts and Science, under the able guidance and mentorship of Rtn Sapna Dev Sriram our youth service director a Rotarian with a vision, the day unfolded as an enriching journey of self-discovery and agricultural enlightenment. The event, aptly named RYLA (Rotary Youth Leadership Award), aimed to unfurl the latent potential of young minds, setting them on a path of empowerment and growth. With 49 enthusiastic students from Kumararani Meena Muthiah College of Arts and Science, accompanied by three dedicated faculty members, the day commenced at 10 am, promising a day filled with learning and adventure.

The stage was set with distinguished guests: Mr. Unni Nair, a seasoned veteran with 14 years in the Indian Air Force, and Mr. Sesha Sai, a philanthropist and nature enthusiast. Unni Nair sir, a multifaceted personality, captivated the audience with his tales of valor and adventure, inspiring them to aim for the skies, both literally and metaphorically.

Unni Nair sir, a renowned motivational speaker, kicked off the event with an inspiring introduction. He shared anecdotes from his journey, highlighting his prowess as both a singer and dancer. Through his engaging words, he effortlessly drew the attention of every student, initiating the session with dancing steps and musical performances by the students themselves, showcasing a diverse mix of languages including Hindi, English, and Tamil. Nair's impactful words resonated deeply, urging everyone to give their utmost effort. When a curious student asked about his age, he humorously replied that while his actual age may be 60, his physical age felt like 25, and his mental age was a youthful 16. With this playful exchange, the session concluded, leaving the audience inspired and uplifted.

Following this invigorating session, Rtn Sesha Sai took the reins, delving into the realm of agriculture and rural entrepreneurship. With a wealth of experience in corporate and teaching domains, Sai sir elucidated the importance of sustainable farming practices and the need to bridge the urban-rural divide. He urged the audience to think critically and act decisively to tackle the challenges being faced by the agricultural sector. With a deep reverence for the hard work of farmers, he emphasized the critical importance of agriculture. Through his insightful discourse, he instilled in the audience the values of strength, resilience, and positivity as pathways to success. He highlighted four key issues faced by farmers and proposed practical remedies. First, he addressed the water scarcity problem by advocating for drip irrigation techniques. Next, he tackled the issue of weed management by advocating for a six-foot gap between plants. Thirdly, he proposed the use of bleaching neem oil on plants to combat both fertilizer depletion and pest infestations. Lastly, Sai sir highlighted the significance of organic farming, providing a clear and comprehensive understanding of its principles. Through his enlightening presentation, Rtn Sesha Sai sir left the audience empowered with newfound knowledge and a renewed appreciation for the art and science of agriculture.

The final segment of the day was led by Mrs. Archana Krishnakumar, who delved into the concept of self-love and its significance in personal growth. Through a thought-provoking exercise of writing love letters to oneself, she encouraged participants to embrace their strengths and imperfections, fostering a culture of self-compassion and acceptance.

The event was concluded by a feed back session and summarization of key take aways lead by Rtn Sapna. Last but not the least our principal mam made her presence and felicitated all our speakers and members of our parent club RCCT. We thank Rnt Ajoy and Rtn Krishnakumar, for their presence at the farm.

As the sun began its descent, the real work began – hands-on experience at Farm Guru. Under the guidance of seasoned farmers, students immersed themselves in various agricultural activities, from soil preparation to seed sowing, experiencing the toil and triumph of rural life firsthand. The day culminated with a sense of accomplishment and newfound appreciation for the tireless efforts of farmers in feeding the nation.

In retrospect, "A Day at Farm Guru" transcended the boundaries of a mere event, evolving into a journey of discovery, learning, and camaraderie. Through the collective efforts of organizers, guests, and participants, it not only imparted valuable lessons in leadership and agriculture but also fostered a sense of community and stewardship towards the environment. As the sun dipped below the horizon, leaving behind a tapestry of vibrant hues, the memories of Farm Guru lingered on, a testament to the transformative power of nature and human spirit.



ROTARY CLUB OF CHENNAI TOWERS
 &
ROTARACT CLUB OF KUMARARANI MEENA MUTHIAH COLLEGE
OF ARTS & SCIENCE
 RI DISTRICT -3233

CORDINALLY INVITES YOU ALL FOR

ROTARY YOUTH LEADERSHIP AWARD

WINGS TO UNFOLD
 YOUR TRUE POTENTIAL
 A TRANSFORMATIVE JOURNEY

GUEST OF HONOUR **CHIEF GUEST**
RTN.SESHA SAI M **SON LDR UNNI NAIR**
 RYLA DISTRICT CHAIRMAN

DATE : 24/02/2024
VENUE : FARM GURU

RTN.P.K.BINOY President	RTN.K.P.JAYASHREE Secretary	RTN.SAPNA DEV SRIRAM Director-Youth Service
RTR.EASWARA PRIYA Rac-President, KRMMC	RTR.DINESH Rac-Secretary, KRMMC	MRS.VASUMATHI Faculty coordinator
		DR.P.T.VIJAYSHREE Principal, KRMMC



DID YOU KNOW?

The month of February is very special in the Rotary calendar because it includes the anniversary of Rotary held on 23rd Feb 1905 in Chicago as World understanding and peace day





WOMEN EMPOWERMENT

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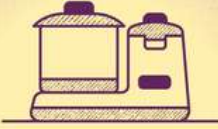
FEBRUARY PROJECT I

Ann Mala and Rtn Vijay Kumar's donation of a 3-burner gas stove to the Kakkum Karangal old age home in Palavakkam is a truly compassionate gesture. With 40 residents and only an old stove at their disposal, this generous addition will undoubtedly streamline their operations and save valuable time. Heartfelt thanks to Mala and Vijay for their kind gesture.

FEBRUARY PROJECT II

The proceeds from our recent thrift sale, is poised to make a meaningful impact on the livelihoods of two physically challenged women, Ponni and Kalaiselvi. Previously, these women were barely making ends meet by selling idli batter. However, thanks to RCCT's support, they are now on the path to becoming entrepreneurs by taking charge of grinding the batter themselves. Each of them received two wet grinders—one for rice and one for urad dal—with the capacity to grind 50 kilograms per day. This opportunity enables them to earn Rs 500 daily, significantly improving their financial stability. The recipients wholeheartedly expressed their thanks for this noble cause. Well done, Women's Empowerment Avenue and RCCT!




**WET GRINDER
DONATION DRIVE**
For Differently Abled Women



21-02-24 - Wednesday
2:00 p.m – 3:00 p.m

Venue:
Tamil Nadu Differently Abled Federation Charitable Trust,
No. 10, 4th, Cross Street Balaji Nagar,
Ekkaduthangal, Chennai - 600032
(Near Jaya TV back side)

President	Avenue Director, Women Empowerment	Secretary
Rtn. Binoy PK 9062294474	S Rukmani 9382222838	K P Jayashree 9884262836





LITERACY

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BOOK DONATION AT AVVAI HOME

The Literacy Avenue is delighted to have donated a collection of excellent condition Encyclopedias and interesting story books to the students of AVVAI Home and Orphanage. The school's correspondent Ms V .Susheela (Sister of Dr Shantha Founder of Cancer Institute) and the headmistress, Mrs Sasi kumara received the books for the school's Library.

As a component of the Literacy Avenue programs - RCCT, we have scheduled a donation of storybooks to two different school children.

1 Avvai Home & Orphanage Date: 1st February 2024 Time: 11.00 AM - 12.00 PM No 24, 41, Besant Ave Rd, New N.G.O Colony, Karpagam Gardens, Adyar, Chennai 600020	2 Chennai High School Date: 1st February 2024 Time: 1.00 PM - 2.00 PM Kamaraj Avenue, 2nd street, Adyar, Chennai - 600020
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President: Rtn. Binoy P K / 9962294474
Secretary: K P Jyashree / 9884262836
Avenue Director - Literacy: S. Rukmani / 9382222939



RCCT Rotary CREATE HOPE IN THE WORLD



BOOK DONATION AT GCC

A new initiative has been taken by Shri K.Ravi Teja Regional Deputy Commissioner GCC to start mobile libraries in government parks and slum areas requesting public to donate books . On behalf of Literacy Avenue Ann Anuradha Prasad met Shri Teja and the team from GCC who are doing the project on February 19, 2024. We donated sixty books towards the public library project. They were so happy to hear about the Literacy activities of our club like donation of books, spoken English classes at Anjugam primary school and have requested if we can as a club, continue doing same in the slum areas. Shri Ravi Teja gave a letter of appreciation thanking our club for the interesting initiatives and efforts being taken for the betterment of the lesser fortunate communities.



SPOKEN ENGLISH CLASSES AT ANJUGAM PRIMARY SCHOOL

The Literacy Avenue conducted its Spoken English class at Anjugam School on February 2, 2024. Anns Abha and Riya, as part of the Literacy Avenue conducted a fun learning session at Anjugam Primary School on February 2, 2024. The subject for this session was 'My city, My Chennai'. The children were engaged in an enlightening session which incorporated music and enjoyable activities. The children enjoyed the action poem and couldn't wait to exhibit their creativity. They were so enthusiastically forthcoming with their own ideas and experiences of being a part of and expressing their feelings on being a part of this cosmopolitan city. They were proud to share the cultural and the social impact they had being a "Chennai Vaasi".

The literacy avenue conducted its second Spoken English class at Anjugam School on February 9, 2024. The topic of the day was parts of a car. The children were taught the different parts of a car and were given activities based on what they had learned. They were physically shown a car and were very enthusiastically naming the parts. They were taught an action poem, an activity they love to do, and each given a book mark made of recycled paper. This reinstated the importance of recycling, a topic they had learned earlier this year. Anns Anuradha and Alpana conducted the class and were pleasantly surprised to see the the children were quickly learning and were aware of some of the aspects being taught.



DID YOU KNOW?

Paul Mushaho, a young entrepreneur organized a team of volunteers and formed worlds First Rotract club in Nakivale, Uganda in a refugee camp settlement.



CLUB SERVICE

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SPECIAL VALENTINES THEMED SPEAKER MEETING AT MARRIOTT HOTEL

Rtn Kailash Chabria

On February 15, 2024, a special club service event/speaker meeting, post Valentine's Day took place at the Marriott hotel. The invite seemed to hold lots of promise and succeeded in getting the interest quotient high! We walked in to see a grand big heart right in the center of the entrance, as a backdrop to use to take pictures as a couple, projecting the valentine feels. The president Rtn Binoy was collared by PP Rtn Krishnachander followed by a beautiful invocation done by Rtn Aarthi Varanasi. We had the privilege of inducting two new members into the club, Mr Roja Rajan and Mr Praveen, PP Rtn Sabu did the honours of pinning the new members and warmly welcomed them. The official meeting concluded after the other formalities, leaving open the space for the most awaited entertainment hosted by our club service chair Rtn Vinay Asrani and Ann Prerna Asrani. We also had a cake cutting for Ann Radha who was celebrating her birthday. It was a truly fun filled evening with games and karaoke after which we all dispersed for dinner and casual conversations.









FAB FEB FELLOWSHIP

Annette Akshay Mandava

The fellowship for the month of February was hosted on February 18, 2024 at 6th Avenue Resto Bar, Anna Nagar. The theme of this fellowship was “Go Floral - Go Short”.

Members bedecked themselves in an array of stunning floral prints, creating a picturesque scene that brought the essence of spring indoors. The ambiance was filled with vibrant colors and patterns infusing every corner of the room with a cheery spirit. The floral theme turned the gathering into a cherishing and vibrant affair, like a bouquet of colourful flowers with their heady perfume on a bright summer's day.

The music and the clinking of glasses, set the tone for an amazing Sunday afternoon of relaxation and fun with our club members dancing and celebrating friendship, with joyous laughter in the air and memories in the making!

The hosts for this floral splendour were Rtns Eashwar, Captain Jaydevan, Rashmi, Sabu, Srikumar, Vijaykumar, Adithya.







JOINT SPEAKER MEETING AT GRT HOTEL

Ann Alpana

A joint meeting was held at the GRT hotel, Chennai on February 29, 2024, on a very interesting and thought provoking subject of “balance between national security and the humanitarian concerns for refugees protection “. The speaker for the evening was Ms. Areti Sianni, Chief of Mission, UNHCR India and the Maldives. The evening began with the collaring of the presidents of the three clubs Rtn Binoy of RC Chennai Towers, Rtn Kavitha of RC T Nagar and Rtn Sri Sai of RC Chennai UTSAV. This was followed by a soulful invocation, this was followed by an introductory speech by Secy Rtn Jayshree and a very insightful speech by the speaker Ms Areti Sianni.

Ms Areti Sianni has worked for thirty years on refugee protection at country, regional and headquarters levels in Europe, the Middle East and North Africa, and Asia-Pacific regions including in emergency operations. Prior to taking her assignment in India, she served as Assistant Representative (Protection) with UNHCR, Yemen and as Assistant Chief of Mission (Protection) with UNHCR Libya. Ms Areti has also served as Senior Protection Adviser with UNHCR’s Regional Bureau for the Middle East and North Africa and in a policy advisory capacity on responses to mixed population flows in various countries.

From 2012-2014, she was seconded to the Bali Process Regional Support Office where she advised on protection-sensitive responses to mixed movements of refugees and migrants including by sea. Before joining UNHCR in 2008, Ms Areti worked as an independent consultant as well as with foundations and International NGOs including the European Council on Refugees and Exiles, Amnesty International - International Secretariat and the Barrow Cadbury Trust. She speaks Greek, English, French and Spanish.

Ms Areti was accompanied by her dynamic team comprising of Mr. Sunod Jacob - Asst govt Liaison Officer - UNHCR New Delhi, Mr Satchirhananda Valan Michael - Head of Field Office, UNHCR Chennai's, Mr Asir Thanasingh - UNHCR Chennai, Ms Shwetha Selvan - UNHCR Chennai, Mr Siva Sai Jeevanantham - UNHCR Chennai and Ms Srividhya Mahesh - UNHCR Chennai.

Ms Areti talked about the plight of refugees all over the world and how different countries have formed policies to protect and support them. She spoke about the pathetic state in which they are transported, sometimes abandoned midway and in the bargain many lives are lost. She also mentioned that in most cases, only about 1% of people are allowed back into their own country!

Basically these are people who are escaping from violence, human rights violations or conflict ridden countries, seeking asylum in various parts of the world. UNHCR was set up in 1950 with the mandate of addressing resettlement issues of displaced people. They are one of the main humanitarian organisations in Sudan, Afghanistan, Congo, Ukraine and 135 other countries. They help in refugee’s rights, equality before the law, non-discrimination and protection from arbitrary detention.


She said India has welcomes and tries to help refugees who have fled from neighboring countries like Bangladesh, Afghanistan and Sri Lanka. Tamil Nadu is home to around 54 thousand Sri Lankan refugees who are housed in camps. They are provided with basic humanitarian assistance and also provided with education. Mr. Michael said that initially, special schools were provided for the children of refugees but gradually these schools were merged with other regular Government schools in the areas. He spoke about the stigma attached to the word ‘refugee’ and how difficult it is for them to enter mainstream jobs. He urged for a change of perspective and mindset, in order to make a positive impact.

Ms Areti, acknowledged and thanked the Rotary organisation for their support and gave due recognition for their contribution in helping refugees in India. At the end of her speech, she addressed a Q&A session, where she answered interesting questions and busted some common myths and misconceptions about refugees. The nation anthem was sung, concluding the formal meeting. This was followed by fellowship and a sumptuous dinner. The air was filled with friendly banter and it was a great platform for informal discussions and forging of new friendships. It was a pleasant experience to be able to share a common platform with other fellow clubs, hope to see more of such interesting initiatives in the future.



**Rotary Club of Madras T.Nagar,
Rotary Club of Chennai Towers
&
Rotary Club of Chennai Utsav.**

Cordially invite you for a Dynamic Evening



**Art Bistro Hall,
Hotel GRT Grand,
T.Nagar**



Guest Speaker
Ms. Areti Sianni
Chief of Mission,
UNHCR India and the Maldives



**Thursday,
29th Feb. 24
7 PM.**

Rtn. Kavitha Shankar President Rtn.S.V. Srinivasa Moorthy Secretary RCMT	Rtn. P K Binoy President Rtn.K P Jayashree Secretary RCCI	Rtn. Sai Sree Nalla President Rtn.Lavanya Secretary RCCU
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Rotary

ROTARY CLUB OF CHENNAI TOWERS
RI DIST 3232

RCCI
ROTARY CLUB OF CHENNAI TOWERS

CLUB ID : 51278
CHARTER DATE : 10.06.1998

Rotary

ROTARY CLUB OF MADRAS T.NAGAR
RI District 3232


Rtn. Ravi Hanuman
RI President 2023 - 2024


Rtn. Gordon B McInally
RI President 2021 - 2024


RCMT
Rotary Club of Madras T.Nagar


Rtn. Kavitha Shankar
Vice President 2021 - 2024


Rtn. Srinivasa Moorthy
Vice Secretary 2023 - 2024

Rotary

ROTARY CLUB OF CHENNAI UTSAV
RI DIST 3232


Rtn. Gordon B McInally
RI President 2023 - 24


Rtn. SAI SREE
President 2023 - 24


Rtn. LAVANYA
Secretary 2023 - 24

*The Four way Test
Is it the truth?
Is it fair?
Is it right?
Is it for the better of the community?*



ROTARY FOUNDATION

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Mrs. Prema Jayaprakash, mother of Rtn Amudha, has become a PHF member. The contribution was done in the rotary year 22-23. She was the proud recipient of the PHF certification, which was awarded to her in an informal meeting on February 1, 2024 at the Presidency club, Chennai. Rtn Amudha received it on her behalf.



RCCT IN THE DISTRICT

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A conference that left indelible memories as the last conference of the mammoth District 3232. Sangamam as the name indicates - A conglomeration of 178 clubs under one roof for 3 days. It was a celebration of Rotary in all its glory.

Sangamam was a conference that had a message for everyone to take home, enough and more Rotary content, loads of recognition for all those who have excelled this year, world class entertainment, our own past leaders and first ladies out to showcase their flamboyancy, mouthwatering and elaborate meals, amazing fellowship area, a elite shopping experience, nonstop flow of high voltage celebrities, enthusiastic presidents, First Ladies and the entire Rotary family setting the stage on fire ... the list is endless.

We had a very encouraging chief Guest Rtn. Alberto Checchini - RI Director, RI Rep. He was so excited to join us on the dance floor too.

Sangamam '24 took its shape slowly but steadily to be labelled as the jewel in the crown of Dist . 3232. The new venue IIT Research park gave a fresh outlook and ambience to the participants. The beautiful hall, amphi theatre, the dining hall in 6th floor and the fellowship counter in the next block were buzzing with activity.

This beautiful event was well curated by Chairperson Rtn Meenakshi and ably assisted by an experienced team. Towers family was proud of the energy and passion displayed by our own Rtn Rajesh Narang as the Sangamam secretary. A herculean task shouldered by this ever smiling man right from his heart. Ann Akther played a key role in dishing out the entertainment content. Rtn Ramakrishnan Mani ably helped with the 'dostana' fellowship which had many enthusiastic participants!

The food was mouthwatering. The first day's vegetarian buffet was a massive hit while the Chettinad cuisine for the next 2 days were absolutely superb.

RCCT family was well represented at the Sangamam conference with more than 20 registrations.

Sangamam '24 - "Planting hope together" was a dream that became a reality elevating all spirits and leaving us wanting for more..!

A picture is worth a thousand words ... a memory is priceless!







ONGOING PROJECTS

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ANBAGAM

RCCT continues to contribute monthly provisions to Anbagam a home for the mentally challenged and destitute. Donors for the month of FEBRUARY 2024 were Rtms Shyla and Anns Shobha and Dr.Runitha



RETTARI DIALYSIS CENTER

No. of patients treated : 47 Patients

No. of procedures done : 476 Dialysis

EGMORE DIALYSIS CENTER

No. of patients treated : 239 Patients



ACHIEVEMENTS

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Past President Rajjiv Vijaysarthy was Runners up at Golf Tournament played on Saturday 10th Feb 2024 conducted by Tamilnadu Golf Club.



Rtn Manoj was part of the winning team, 'DSM Dynamos' in PHCC 2024 cricket tournament. Congratulations



Annette Jaden, son of Rtn Samuel and Ann Monika, won the U14 singles and doubles categories at the CBSE Cluster Badminton Championship Congratulations!



Rtn Dr. Vasumathy and spouse Dr. Praveen received the prestigious “Prof Syed Modassar Ali Endowment Indo-Bangladesh Friendship International Award” at the Indo- Bangladesh Friendship Conclave at Sheikh Fazalatuneesa Eye Hospital, Bangladesh on 18.2.2024. Congratulations!



Radhatri Nethralaya Hospital, Rtn Dr Vasumathy and Spouse Dr Praveen received the prestigious “TIMES HEALTH CARE EXCELLENCE AWARD “ in Ophthalmology for the year 2024 from the TIMES of INDIA group.





ANNIVERSARY WISHES

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RCCT extends warm wedding anniversary wishes to the lovely couples celebrating their special day!



Rtn Binoy
and
Ann Sangeetha



Rtn Dr Rajkumar
and
Ann Dr Chitra



Rtns Dr. Sumedha
and
Spouse Dr Nandakumar



Rtn Gopal
and
Ann Nirmala



Rtn Manoj
and
Ann Alpana



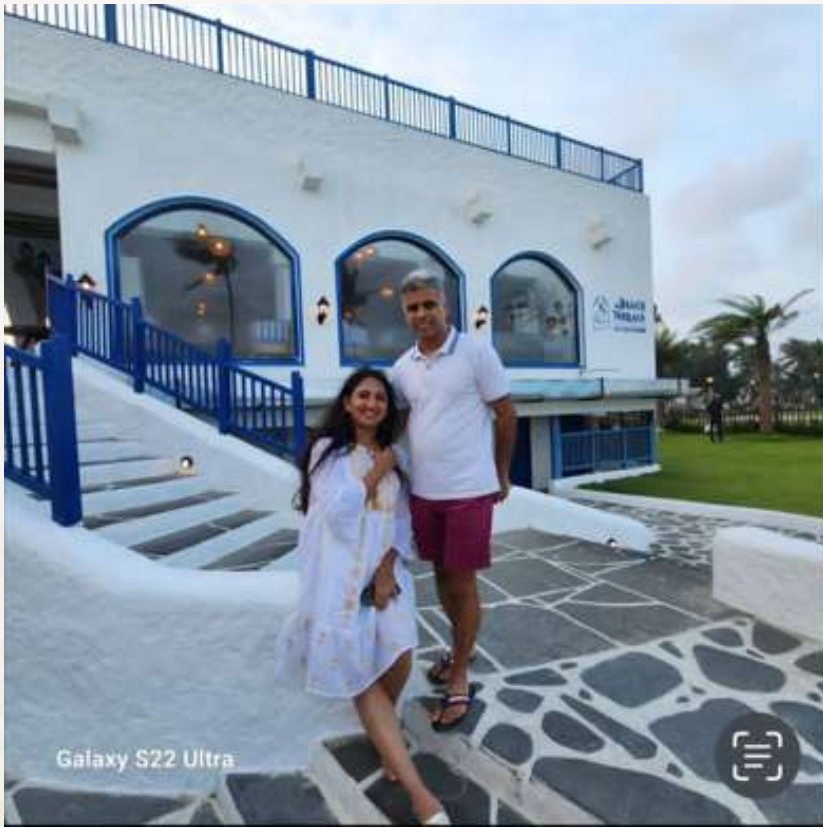
Rtn Rukmini
and
spouse Mohan



Rtn Satish Kandimala
and
Ann Sandhya



Rtn Shyam Sundar
and
Ann Lashmi



Rtn Sriram
and
Ann Shobha



Rtn Sunil Soni
and
Ann Abha



Rtn Umapathy
and
Ann Akther

JOURNEY OF TOWERS TIMES

In the year 2008, Indian women scientists association in a glowing tribute said " Tessy Thomas serves as a role model and inspiration for women scientists to achieve their dreams and have their feet planted in both worlds successfully. "

Silent ,dedicated and committed Rtn Jayshree often reminds me of Tessy Thomas India's missile woman as they say strength respects strength with unwavering focus and hard work Jayashree has been associated with our club as an Ann and then Rotarian since a long time.As the Editor of our Bulletin in the silver jubilee year 2022-23 she took it as an opportunity to rethink, rework and brought out the feature covering about Projects our club has done in the last 24 years . The hard work of the team under her leadership got us Best Bulletin award in the District. Please read as Rtn Jayshree shares her thoughts as Editor of Towers times.

Ann Anuradha Prasad



RCCT Bulletin is a treasure trove of information. Over the years the bulletin has evolved both in terms of format and content, maturing into a newsletter that has been seen amongst the best in the district covering extensively all avenues of the club activity. Our Bulletin has been a legacy of work done by different teams and members of RCCT over the years. If I could pay a tribute I would like to thank each and everyone who has contributed to the bulletin.

My participation in the Bulletin started in the year 2019-20 when I was the Secretary.

I was only helping in collecting information for the bulletin. Being the Secretary, it also helped me with chronicling the activities of RCCT. It helps immensely when you have a Rtn. Padmaja on your side, who's design inputs have elevated the bulletin to a level that is professional.

In the year 21-22, we introduced a feature "Blast from the past". Designed to invoke a sense of nostalgia, this meant we go through the history of RCCT to find info of pieces of history that will resonate with everyone. It was also a journey in discovery where I learnt many a thing that RCCT had done. It was a wonderful learning experience.

Being a part of this team, I learnt how to coax, cajole and bully people into writing articles for the bulletin. I clearly recall the time when people would hesitate to take my call because they knew it was for getting them to write! I also got to know the RCCT family more after being part of the bulletin team.

2022 -23 was the silver jubilee year, Rtn. Satish the president wanted me to be the bulletin chair, I remember being hesitant in the beginning, but finally realised that my experience over the years made it easier than I had thought. It was great to have Annette Neha Jayadevan to be a part of the team. This was the first time, we got external help in designing. This again proved to be a great experience working with a rotaractor who helped with the design format and page keeping. After an initial hiccup, in the first couple of months, the work went on smoothly and we won the 'Gold' award for the Best Bulletin of the year.

It's been a joy to see the newer versions of our club bulletin and Anns Alpana and Anuradha have been setting a trend, I look forward to the bulletin every month

- Secy Rtn Jayashree KP



BULLETIN TEAM

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